Sweetwater River Trail Information and Map

Thanks for your interest in joining us for our Trail to Bay Challenge hike at the Sweetwater River Trail!

Please see below for more information on the site location and details.

Location description: The Sweetwater River Trail is located on the San Diego National Wildlife Refuge. The hike begins at the Sweetwater River Bridge and continues on to a looped trail.

Meeting Location: We will meet next to the Singer Lane parking lot in front of the entrance to the bridge located at Singer Lane Parking, Spring Valley, CA 91978. See map below! Look for the large flag with the Trail to Bay Challenge logo!

Driving directions: Take 94 East until it turns into Campo Road. Turn right onto CA-94 E/Campo Road. Turn right onto Singer Lane. The parking area is immediately on your left.

Suggested parking: Parking is available at the Singer Lane Parking Lot. There is additional parking available on the street at no cost. If you park on the street, you will need to walk a short distance to join the group. Parking at the trailhead parking lot is not recommended as the lot will close at 7:00pm.

Nearest Trail head and Restrooms to meeting location: No restroom or water stations are available on the trail. The nearest restrooms will be in the strip-mall down the street. Please plan accordingly.

Program description: Join us for a beautiful sunset hike where will discover the different species of bats that call the San Diego National Wildlife Refuge home! We will see the distinctive view of San Miguel Mountain and learn about the native plants and animals thriving in this protected space.

Program Time: Our hike will begin at 4:30 pm and will last until approximately 6:30 pm.

Hike lengths: This hike is about 2 miles and easy to moderate in difficulty. The trail is mostly flat but does include a small uphill portion at one point of the trail loop.

Program Supplies: Living Coast staff will be wearing head lamps but bringing a flashlight is recommended. Please make sure to wear layers, closed toed shoes, and bug spray!