

Sweetwater Park Trail Information and Map

Thank you for your interest in joining us for our Trail to Bay Challenge hike at the Sweetwater Park Trail.

Please see below for information on the site location and details.

Program Description: Join us as we explore the Sweetwater Park Trail! Located in Bonita, this equestrian trail showcases a unique habitat with a mix of native and non-native plant species. In addition to learning about plant adaptations, expect a mix of sunny and shady areas and traces of native wildlife!

Meeting Location: We will be meeting at the Sweetwater Park Trail, Bonita, CA 91902 off of Bonita Rd. (see map below).

Driving Directions: CA 94 E to I 805 S. Take exit 7C onto E St., continuing to Bonita Rd. E. Make a U-turn onto Bonita Rd. W to turn into the parking lot

Suggested Parking: There is a parking lot attached to the trailhead near the corner of Bonita Rd. and Plaza Bonita Rd., which is only accessible from the westbound side of Bonita Rd.

Restrooms and Water: There are no restrooms or water stations at this location, please plan accordingly! The closest restroom is in the small shopping center across the street from the trailhead parking lot at 3041-47 Bonita Rd, Chula Vista, CA 91910

Program Time(s): 9:00am – 11:00am

Hike Length: About 2 miles of out and back trail

Trail Difficulty Level: This trail is listed as an easy hike. The trail consists of a wide, flat dirt path that is accessible for strollers and guests of all ages.

Recommended Gear: Water, sunscreen/hat, bug repellent, and walking shoes with proper support.

