

Mother Miguel Information and Map

Thank you for your interest in joining us for our Trail to Bay Challenge hike at Mother Miguel Mountain!

Please see below for more information on the site location and details.

Program description: Join us as we explore the Mother Miguel Mountain Trail! We will look for signs of wildlife and plants while discussing the Sweetwater Watershed and the importance of keeping our local areas clean.

Meeting Location: We will meet just north of the Mt San Miguel Park parking lot located at 2335 Paseo Veracruz, Chula Vista, CA 91914. We will meet at the far end of the parking lot next to the dog park.

Driving directions: Take 125 south to the Paradise Valley Road exit. Turn right onto Elkelton Place, then right onto Paradise Valley Road. After approximately .5 mile, turn left onto S Worthington Street. Continue as S Worthington Street turns into Sweetwater Road. Turn left onto Bonita Road, then take the next left onto San Miguel Road. Follow San Miguel Road for approximately .9 miles, then turn right onto Proctor Valley Road. Follow Proctor Valley Road for approximately .5 miles then turn left onto San Miguel Ranch Road. Continue as San Miguel Ranch Road turns into Mt Miguel Road, then turn left onto Paseo Veracruz. Enter the parking lot for Mt San Miguel Park and make the first right.

Suggested parking: This locations parking lot is part of the Mt San Miguel Park, and has limited parking for the area. This lot is located at [2335 Paseo Veracruz, Chula Vista, CA 91914](https://www.chulavista.org/2335-Paseo-Veracruz-Chula-Vista-CA-91914)

Restrooms and Water: The nearest restrooms and water fountains are located at Mt San Miguel Park center of the baseball fields. Please see map below for location.

Program Time: Time will vary based on the season. Please check the hike listing for the correct hike time.

Hike lengths: This hike will lead up and around the mountain offering spectacular views of the surrounding city and the Sweetwater Reservoir. We estimate the hike to be 4 to 5 miles in length round trip and will last approximately 2 to 2 ½ hours.

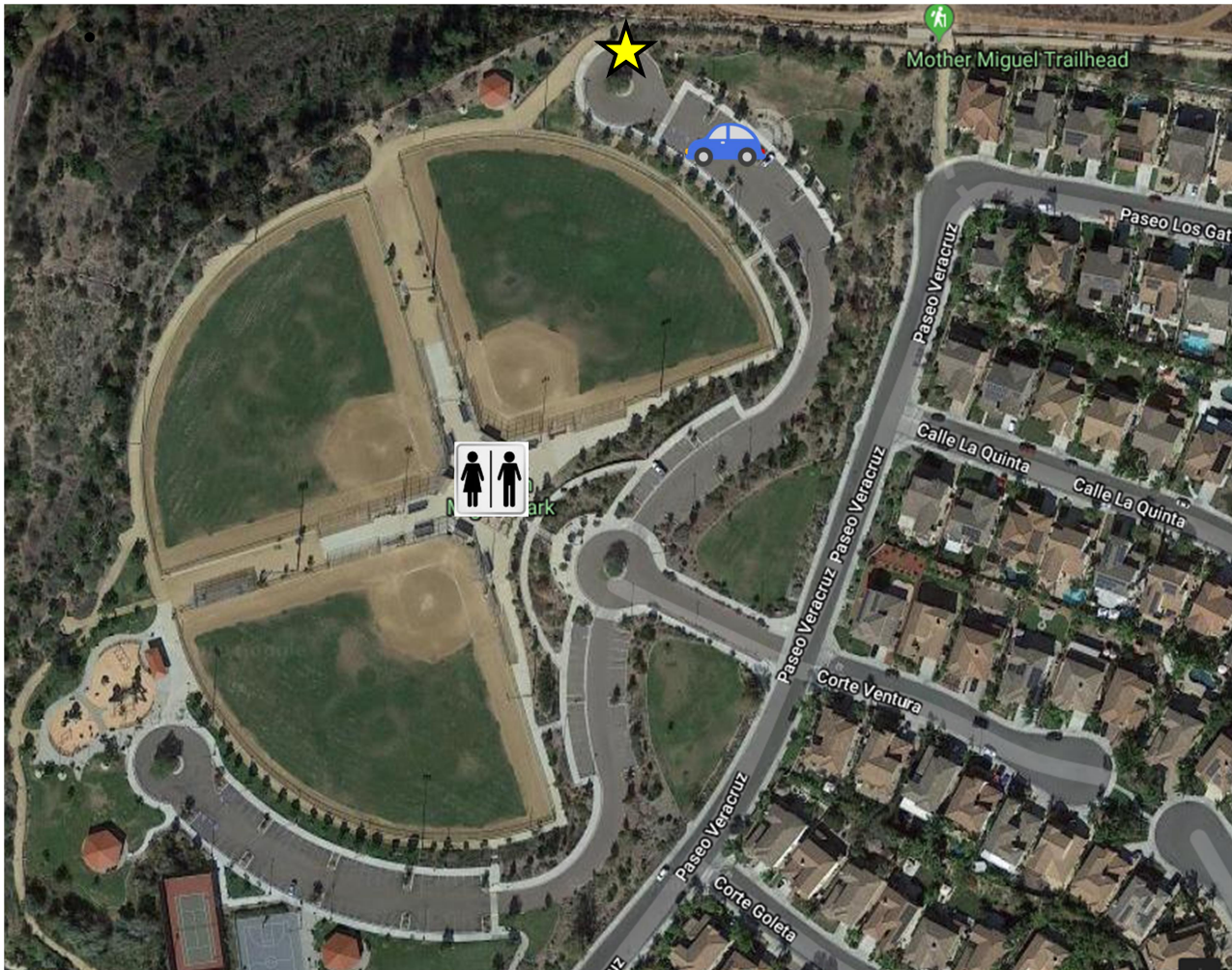
Trail Difficulty Level: This trail is listed as difficult due to incline changes and rocky terrain.

Program Supplies: Water, bug/sun protection, layers, and strong hiking footwear is highly suggested.

Links for more information:

- <http://hikingsdcounty.com/mother-miguel-mountain-aka-the-rockhouse/>

Mother Miguel Mountain Map and Parking



Map Key



Parking



Meeting
Location



Restrooms